

WINTER DINNER MENU - WEEK 1

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<p>Oven Roasted Salmon Roasted salmon steak served with beetroot slaw and a homemade red pesto sauce (gluten free)</p> <p>Swedish Style Meatballs Pork meatballs hot oven baked and served with a herby jus and creamy garlic mash</p> <p>Dipping Camembert Baked camembert served in a hollowed loaf, topped with a homemade chutney and accompanied with crudités</p> <p>Pasta of the Day Homemade cheese sauce</p> <p>Oven Baked Jacket Potato with a choice of fillings: cheese, tuna, ravioli</p>	<p>Chicken Roulade Individual Chicken breasts filled with garlic infused spinach, wrapped in streaky bacon and cooked until crispy. Served with a parsley cheese sauce (gluten free without sauce)</p> <p>Sundried Tomato Bruschetta Mediterranean style tomato bread drizzled with lemon oil and topped with Parma ham, steamed asparagus, sundried tomatoes and coriander</p> <p>Courgette Muffins Grated courgette & cheese muffins served with a cheese and chive sauce</p> <p>Pasta of the Day Homemade tomato & herb sauce</p> <p>Oven Baked Jacket Potato with a choice of fillings: cheese, tuna, beans</p>	<p>Chicken Fajitas Quorn Mince Burritos Flour tortillas with lettuce, salsa & sour cream and a choice of hot filling (gluten free wraps available)</p> <p>Fishcakes Mackerel and spinach bound with buttered mashed potato and horseradish, coated in breadcrumbs and served with a lemon mayonnaise (gluten free option available)</p> <p>Pasta of the Day Homemade roasted pepper sauce</p> <p>Oven Baked Jacket Potato with a choice of fillings: cheese, tuna, spaghetti hoops</p>	<p>Spaghetti Bolognaise Beef, tomato and garlic bolognaise sauce served with spaghetti and cheesy garlic bread (gluten free pasta available)</p> <p>Swiss Style Turkey Turkey steaks coated in breadcrumbs and flash fried, topped with a layer of Swiss cheese and sliced tomatoes then finished in the oven until golden. (gluten free option available)</p> <p>Spinach & Ricotta Cannelloni Homemade filled cannelloni using fresh baby leaf spinach and ricotta cheese, baked in tomato sauce with chunky sundried tomatoes and finished with mozzarella cheese and herbs</p> <p>Pasta of the Day Homemade cheese & chive sauce</p> <p>Oven Baked Jacket Potato with a choice of fillings: cheese, tuna, beans</p>	<p>Mexican Chicken Burger Toasted English muffin with guacamole, steamed chicken breast and tomato salsa topped mixed lettuce leaves (gluten free option available)</p> <p>Philly Pork Stuffed Peppers Individual roasted red peppers filled with BBQ pulled pork and topped with cheese sauce baked until bubbling and served with BBQ sauce (gluten free option available)</p> <p>Tandoori Paneer Skewers Tandoori marinated Paneer cheese and selected vegetables skewered and baked, served on an open pitta bread with a homemade mango salsa (gluten free without bread)</p> <p>Pasta of the Day Homemade spiced tomato sauce</p> <p>Oven Baked Jacket Potato with a choice of fillings: cheese, tuna, ravioli</p>	<p><i>Saturday Dinner Menu varies weekly depending on the girls' activities (eg QM Community Weekend or girl's night)</i></p>	<p>Roast Chicken & Stuffing Balls Locally sourced chicken breasts cooked until golden served with stuffing balls, Yorkshire puddings and a rich gravy (gluten free without Yorkshire puddings and stuffing)</p> <p>Gammon & Sweet Potato Pie Yorkshire Gammon and roasted sweet potato bound with a vegetable velouté and encased in a cheesy suet pastry</p> <p>Leek & Gruyere Tart Sautéed leeks and gruyere cheese encased in a filo pastry tartlet (gluten free option available)</p> <p>Pasta of the Day Homemade tomato & basil sauce</p> <p>Oven Baked Jacket Potato with a choice of fillings: cheese, tuna, ravioli</p>
<p>Skinny Fries, Steamed Broccoli</p>	<p>Herby Diced Potatoes, Ratatouille</p>	<p>Potato Wedges, Salads</p>	<p>Garlic & Herb New Potatoes, Mediterranean Vegetables</p>	<p>Sweet Potato Fries, Mini Corn on the Cob</p>		<p>Roast & Boiled Potatoes, Sauté Leeks, Steamed Broccoli</p>
<p>Lemon Meringue Pie</p> <p>Fresh Fruit Cocktail, Yogurt, Fruit Jelly, Fresh Fruit</p>	<p>Victoria Sponge Cake</p> <p>Fresh Fruit Cocktail, Yogurt, Fruit Jelly, Fresh Fruit</p>	<p>Berries & Cream</p> <p>Fresh Fruit Cocktail, Yogurt, Fruit Jelly, Fresh Fruit</p>	<p>Frosted Chocolate Chip Sponge</p> <p>Fresh Fruit Cocktail, Yogurt, Fruit Jelly, Fresh Fruit</p>	<p>Belgian Waffles Sauces & squirty cream</p> <p>Fresh Fruit Cocktail, Yogurt, Fruit Jelly, Fresh Fruit</p>		<p>Syrup Sponge Custard</p> <p>Fresh Fruit Cocktail, Yogurt, Fruit Jelly, Fresh Fruit</p>